

Saturday, September 26 –9:00 to 11:30am

Kyla Woods, Broadcast Journalist, Moderator

9:00 AM to 9:30AM Speakers

- Renee Mahaffey Harris, Closing the Health Gap
- US Senator Sherrod Brown
- Rep Emilia Sykes, Minority Leader (Akron)
- Linda Blount, Black Women's Health Initiative (Washington, DC)

9:30 AM to 10:15 AM Physical Health Panel

- Linda Blount, Black Women's Health Initiative (Washington, DC)
- Sophia Buggs, Urban Farmer (Youngstown)
- Dr. Karen Cooper, Cleveland Clinic Women's Health Institute (Cleveland)
- Jazmin Long, Birthing Beautiful Communities (Cleveland)
- Melba Moore, Cincinnati Health Commissioner (Cincinnati)

10:15 AM to 10:30 AM Physical Health Workshop

Getting the Most out of Your Doctor Visit

10:30 AM to 11:15 AM Community Health Panel

- Rev. Marcia Dinkins, Black Women Rising (Mahoning Valley)
- Jan-Michele Kearney, Cincinnati City Council (Cincinnati)
- Gina McFarlane-El, Five Rivers Health Center (Dayton)
- Doni Miller, Neighborhood Health Association (Toledo)
- Meredith Shockley-Smith, Ph.D., Cradle Cincinnati & Queens Village (Cincinnati)
- Charleta B. Tavares, PrimaryOneHealth (Columbus)

11:15 AM to 11:30AM Community Health Workshop

From Anger to Action—Christie Kuhns, Chief of Staff, Vice President of Operations and Community Relations at UC Health/Former OH Representative

Saturday, October 3 –10:30 am to 1:00 pm

Yvette Simpson, National News Contributor, Moderator

10:30 AM to 11:00 AM Speakers

- Renee Mahaffey Harris, Closing the Health Gap
- U.S. Senator Sherrod Brown
- Special Guest

11:00 AM to 11:45 AM Mindful/Mental Health Panel

- Calisha Brooks, Ph.D., Soul Care, LLC, (Cincinnati)
- Doris Bullock, Mercy Health (Youngstown)
- Katrice Cain, First Year Cleveland (Cleveland)
- Helen Jones-Kelley, Montgomery County ADAMHS (Dayton)
- Dr. Danielle Johnson, University of Cincinnati Lindner Center of Hope (Cincinnati)

11:45 AM to 12:00 PM Mindful Health Workshop

Just Breathe—Veta Goler, Spelman College

12:00 PM to 12:30 PM Economic Health Discussion

- Chairwoman Maxine Waters, U.S. House Financial Services

12:30 PM to 12:45 PM Economic Health Workshop

Charting a Path to Economic Wellness—Nicole Redus, Ascension Wealth Management.

Closing: *So, what's next?*